

# To all local parents and schools in North Cumbria

Most pharmacies can help you with **seven common conditions** without needing a GP appointment

NHS  
Providing NHS services



Speak to your pharmacist if you suspect you have

## Earache

(Children aged 1 to 17 years)

**Visit your Pharmacy First!**

Did you know that pharmacies can now offer clinical appointments with medication available if required for four clinical conditions particularly relevant to school age children?

- Ear ache (children aged 1-17)
- Sore throat (over 5s)
- Infected insect bites (over 1s)
- Impetigo (over 1s)

GP practices are busy and it can be difficult to get a same-day GP appointment. When your child is off sick from school with any of the above conditions, by going straight to your local pharmacy you can have a consultation with a trained clinical professional and receive advice and even medication if it is needed, meaning they could be on the road to recovery and back at school as soon as possible.

NHS  
Providing NHS services



Speak to your Pharmacist if you suspect you or your child have

## Infected Insect Bite or Impetigo

(Children and adults age 1 and over)

**Visit your Pharmacy First!**

NHS  
Providing NHS services



Speak to your Pharmacist if you or your child have a

## Sore Throat

(Children and adults age 5 and up)

**Visit your Pharmacy First!**

All North Cumbria community based pharmacies offer the Pharmacy First service. Remember – if your child has an ear ache, sore throat, impetigo symptoms or suspected infected insect bite think

**Pharmacy First!**